

PHA Post



Family Housing: Summer 2017

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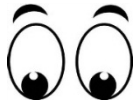
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For community events and updates, check out our website at <http://www.phaplattsburgh.com/>

Summer Activities!!!

😊😊😊 Clinton County Fair 😊😊😊

This year's Clinton County Fair will be held from **July 18th to July 23rd** (six days of family fun)!!! A Mega Pass which covers admission to the fair and rides all day long can be purchased at the Fair Office or at Price Chopper/Market 32 until July 17th for \$20.00 per ticket. Visit their website for more information at www.clintoncountyfair.com

🎵 Concerts on the Bluff 🎵

Free concerts offered on **Wednesday evenings** (6-8 pm) this summer on the lawn at Clinton Community College include Larry Ebere on July 12, Too Tall String Band on July 19, Rustic Riders on July 26, Towne Meeting on August 2, Inkahoots on August 9, Sounds of the Northway on August 16, and Roy Hurd on August 23^h. Bring your lawn chairs or blankets, picnic baskets and non-alcoholic beverages; concerts are held rain or shine!!!

Reminders

- **Telephone numbers:** Have you recently changed your telephone number? Call PHA at 561-0720 extension 224 or extension 229 to update your number in our records.

Enjoy your summer and remember the following rules & regulations:

- **Safety:** There is to be no ball playing (hardball, volleyball, softball, kickball, soccer, catch, etc.) near or between any of the apartment buildings. The appropriate place to play ball is at the McGaulley Avenue field or South Acres Park. Residents will be held responsible for any damages caused by family members or guests.



- **Tents:** Tents, awnings, canopies, screen-rooms and campers are not permitted on PHA property.
- **Pools:** Residents are allowed one pool per apartment and the pool must be placed in their back yard. The pool cannot be bigger than 6 feet across and the water level cannot be more than 12 inches deep. Pools can only be used during daylight hours under the supervision of an adult and must be drained into a ditch after each use. Sprinklers and slip & slides are not allowed at PHA.





FAMILY FUN DAY!!!!

This year's Fidelis Care/Plattsburgh Housing Authority/Ted K. Center Family Fun Day will be held on **Friday, August 25th from Noon to 3 PM at South Acres Park (new location!!!!)**. Representatives from various health, support, and safety agencies in our community will have tables set up containing information on their services. For your entertainment, there will be a DJ, bounce house, face-painting, games, prizes, and give-aways!!! In addition, a food vendor will be on site. Mark your calendars to attend this fun community event. Look for more updates on our website (www.phaplattsburgh.com)



The **Ted K. Center 2017 Summer Program** begins on **Monday, June 26th**. The program will be open **Monday through Friday** from **9:00 AM to 3:50 PM** for PHA resident youth ages 5 (and completed Kindergarten) and up. Daily activities include arts & crafts, recreational games, gardening, computers, yoga, cooking classes, field trips and much more. The program is **FREE**. If your child is attending our program for the first time, it is necessary to complete a registration form before they can participate. If you have any questions please call 561-7690. See you at "The Center."

The **USDA Summer Lunch Program** will also begin on **Monday, June 26th**. Lunch will be served at the Ted K. Center, **Monday through Friday** from **11:30 AM - 12:30 PM**. The nutritious lunch is **FREE** and all children ages 0 - 18 years are welcome to attend.



SMOKE-FREE HOUSING

Did you know that when you quit smoking, your blood pressure and pulse rate decrease within 20 minutes? And that breathing gets easier within 3 days? Did you know that there are **over 4,000 chemicals** in tobacco products - **43** of which are known to cause **cancer** and over **400** are **poisonous**? Did you know your pets are at higher risk for mouth, throat and stomach cancers from second hand smoke as they lick the harmful chemicals off from their fur? Effective **July 30, 2018, as required by HUD**, all apartments and community areas at Plattsburgh Housing Authority, as well as all outside areas within 25 feet of a building (within 40 feet for senior high rise buildings) will be **smoke-free**. Tobacco Cessation Services are being offered **at no cost** to PHA residents interested in quitting. Contact Elise at 518-314-3633 if you are ready to start your journey to a tobacco free life!!! Check out our website (www.phaplattsburgh.com) to see the countdown to smoke-free housing.

Inspirational Corner

"Don't give up. I believe in you all. A person's a person, no matter how small." - Dr. Seuss

Plattsburgh Housing Authority
518-561-0720

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