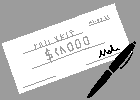
Plattsburgh Housing Authority

Senior Housing News

If you are planning a vacation or intend to be away from your apartment for an extended period of time, a “good rule of thumb” is to let Julie or the office know that you will be away, when you expect to return and how to contact you during this time. This information is helpful so that we do not have to enter your apartment to do a “welfare check” and we will have the information to contact you in case of emergency.

\*\*\*When paying your rent, you need to only write one check for multiple charges. **You do not need to write a separate check for your rent, cable charges to housing or air conditioner fees.** The charges can be combined and paid in one check for your convenience.

\*\*\* The drop box located in your high-rise is open from **8:30 am until 11:00 am on the date your rent is due**. If the box is locked DO NOT shove your check in it, your rent will be considered late and you will incur a $20.00 late fee.



\*\*\* We offer direct debit from your checking account for your rent and any other charges on your account. If you are interested in signing up for this convenience please call Julie at 562-0230 to set up an appointment.

\*\*\* Just a reminder: Your recertification is **NOT** complete until we have received the **Family Choice of Rental Payment form**.

The next PHA Senior Discussion will be held September 16th 2014 in the community room of your high-rise.

**Mark your calendar and plan on attending**

Robert S. Long

9:00am - 9:50am

Lakeview Towers

10:15am - 10:50am

Russell H. Barnard

11:00am - 11:50am

You can place items you would like more information on, suggestions you may want the PHA to look into, and your comments in the suggestion box of your high-rise, prior to the meetings.

# *PHA Senior Discussions*

# *Vacations or extended absences from your home:*

# *Accounting Reminders:*

4817 South Catherine Street

Suite 101

Plattsburgh, NY 12901

Phone # (518)561-0720

Fax # (518)561-1769

Visiting children are welcome. If they have excessive energy to burn, please do not allow them to play in the corridors or in the elevators. Please send them or take them to the park. Remind the children to be considerate of your neighbors.

# *Visiting children and grandkids*

# *Safely disposing of adult undergarments and medical supplies*

If you use supplies such as Depends/incontinent supplies, bed pads, colostomy or other bags, please seal them tightly in a bag with no holes and bring to the first floor garbage room. Place the tightly secured bag in the can marked- *Adult Undergarments and Kitty Litter*. Because these items carry human waste, they must be disposed of in a proper manner to not create a hazard to staff and other residents. C:\Users\Julie\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\UIUVHX71\MC900384266[1].wmf

Please also follow the proper steps for disposal of any sharps like needles, syringes, lancets, or other medical home care objects. All items should be placed in a hard plastic container with a screw-on secured lid (detergent and fabric softener bottles work well). **Do not dispose of such items down your garbage chute or in with your recycling.** Place a “Household Medical Waste” sticker on the container and bring it down to the 1st floor maintenance shop.

C:\Users\Julie\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\D6CDPRSM\MC900232742[1].wmf

Also if you have unwanted or expired medicine (prescription or over the counter), you can take it to the Plattsburgh City Police Station located at 45 Pine Street. The city police have a 24 hour drop box located in the lobby of the police station. Please leave the medicine in the original container with labels intact. Liquid medication and Epi-pens may also be dropped off at this location.

## *REAC notes*

Pull cords are a safety device for all residents. Pull cords in your apartment **must hang freely to the floor** so that it is accessible at all times; do not tie or tape the cord. When a pull cord is used, an alarm is sounded, a flashing light goes off outside your door, and your door automatically unlocks to allow help to enter. We hope you never need to use the pull cords; however, they must always be readily accessible at all times in case you need to use these safety devices.

***BINGO BINGO BINGO***

Bingo will be starting once again at Russell H. Barnard Apartments on September 4th, 2014

C:\Users\Julie\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\HTR11SNX\MC900155010[1].wmf

Mondays and Thursdays

2:00 pm – 4:00 pm

Card sales begin at 1:00 pm

.05 cents/card/game

.10 cents/card/coverall

Must be 50 years of age and a resident of Plattsburgh Housing Authority